



# MAJSTROVSTVÁ SR V ATLETIKE

## DUBNICA NAD VÁHOM 27.-28. JÚNA 2009

### Časový rozpis

#### Sobota 27. júna 2009

|       |                         |        |            |           |        |
|-------|-------------------------|--------|------------|-----------|--------|
| 14.25 |                         |        | Výška Ž    |           |        |
| 14.30 | Otvorenie               |        |            |           |        |
| 15.00 | 110 m prek. MR          | Žrd' Ž |            | Kladivo Ž | Disk M |
| 15.20 | 100 m prek. ŽR          |        |            |           |        |
| 15.40 | 100 m MR                |        |            |           |        |
| 16.00 | 100 m ŽR                |        | Výška M    |           |        |
| 16.15 | 400 m MF                |        |            | Kladivo M | Disk Ž |
| 16.30 | 400 m ŽF                |        |            |           |        |
| 16.45 | 100 m MSF               |        |            |           |        |
| 17.00 | 100 m ŽSF               |        |            |           |        |
| 17.15 | 110 m prek. MF          |        |            |           |        |
| 17.25 | 100 m prek. ŽF          | Žrd' M |            |           |        |
| 17.35 | 1500 m MF               |        | Trojškok M |           |        |
| 17.45 | 1500 m ŽF               |        |            |           |        |
| 18.00 | 100 m MF                |        |            |           |        |
| 18.10 | 100 m ŽF                |        |            |           |        |
| 18.30 | 3000 m Steeplechase ŽF  |        |            |           |        |
| 18.50 | 4x100 m MF              |        | Trojškok Ž |           |        |
| 19.00 | 4x100 m ŽF              |        |            |           |        |
| 19.10 | 3000 m Steeplechase MF  |        |            |           |        |
| 19.30 | 10 000 m ŽF + MF + JriF |        |            |           |        |

#### Nedeľa 28. júna 2009

|       |                |  |          |         |        |
|-------|----------------|--|----------|---------|--------|
| 14.00 | 200 m MR       |  | Diaľka Ž | Oštep M |        |
| 14.15 | 200 m ŽR       |  |          |         | Guľa Ž |
| 14.35 | 400 m prek. MF |  |          |         |        |
| 14.50 | 400 m prek. ŽF |  |          |         |        |
| 15.05 | 800 m MF       |  |          |         |        |
| 15.20 | 800 m ŽF       |  |          |         |        |
| 15.35 | 200 m MF       |  |          |         |        |
| 15.40 | 200 m ŽF       |  | Diaľka M | Oštep Ž | Guľa M |
| 15.45 | 5000 m MF      |  |          |         |        |
| 16.05 | 5000 m ŽF      |  |          |         |        |
| 16.30 | 4x400 m MF     |  |          |         |        |
| 16.40 | 4x400 m ŽF     |  |          |         |        |